

Pošla Rumena

(East Serbia)

Pošla Rumena translates as "Rumena (a girl) started to go"

Pronunciation: POHSH-la roo-MEH-nah

Record: Folkraft LP-54 Side B/2 (folk orch. 2:50)

2/4 meter

Formation: Line or open circle, no partners, leader at R end. Belt hold, L over R, wt on L ft.

Steps and Step-Close: Step on one ft (ct 1); step on other ft beside the first (ct 2).

Styling: Step-Lift: Step on one ft (ct 1); lift on same ft (ct 2).

Two-Step: Step on one ft (ct 1); step on other ft beside the first (ct &); step on first ft (cts 2, &).

All steps are small, almost running steps, and generally on the ball of the ft.

Meas

Pattern

PART I (music AA)

- 1-2 Facing ctr, a slow step on R ft fwd (cts 1-2); a slow step on L ft bkwd (cts 3-4).
 3-4 Facing slightly R with movement in LOD, Step-Close R fwd (cts 1-2); Step-Close L fwd (cts 3-4).
 5 Facing ctr, step on R ft sdwd R (ct 1); swing L leg diag fwd R—low across in front of R leg (ct 2).
 6 Step on L ft sdwd L (ct 1); a small step on R ft across in back of L (ct 2).
 7-12 Repeat meas 1-6 with opp ftwk and direction.

PART II (music BB)

- 13-14 Facing slightly R with movement in LOD, Step-Close R fwd (cts 1-2); Step-Close R fwd (cts 3-4).
 15-16 Two-Step R fwd (cts 1, &, 2); Two-Step L fwd (ct 3, &, 4).
 17-18 Step-Lift R fwd (cts 1-2); Step-Lift L fwd (cts 3-4).
 19-24 Repeat meas 13-18.